



**Participant Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**T-Shirt Size:** S M L XL 2XL Other \_\_\_\_\_

**Competition Division (please select one):**

Women

\_\_\_\_\_ Age 14 & under

\_\_\_\_\_ Age 15-20

\_\_\_\_\_ Age 21-30

\_\_\_\_\_ Age 31-40

\_\_\_\_\_ Age 41-50

\_\_\_\_\_ Age 51 & up

Men

\_\_\_\_\_ Age 14 & under

\_\_\_\_\_ Age 15-20

\_\_\_\_\_ Age 21-30

\_\_\_\_\_ Age 31-40

\_\_\_\_\_ Age 41-50

**Send your registration & payment to:**



8th Annual Timber Trot  
C/O Hidden Acres  
3837 Union Ave  
Dayton, IA 50530

**Payment**

*Registration fee is \$25*

Payments accepted: Checks, Visa, MasterCard, Discover, Amex

Check # \_\_\_\_\_ OR

Credit Card # \_\_\_\_\_

Expiration: \_\_\_\_\_ / \_\_\_\_\_ 3-Digit Security Code: \_\_\_\_\_

Amount to Charge to Credit Card: \$ \_\_\_\_\_

*If paying by credit card you may choose between mailing your registration to the address above or emailing it to [ryan.graden@hacamps.org](mailto:ryan.graden@hacamps.org)*



**8th Annual Timber Trot**

**Date:** Monday September 4, 2017 (the last day of Labor Day Family Camp at Hidden Acres)

**Check-in:** Check-in will begin at 7:00 a.m. You can register by filling out the registration form above and returning it to us. Runners can also register throughout the retreat weekend up until the race begins.

**Route:** The Timber Trot will start for all ages at 8:00 a.m. The route will be a 5K (3.1 miles) course that will take you through some of Hidden Acres' beautiful property. The course will be very similar to a cross country run, so you can expect to be on and off road throughout the race. Please know that you may encounter mud and wet areas along the course. This is a Run/Walk race so participants need not worry about their level of physical fitness. Simply enjoy the time and help us raise some funds!

**Conditions:** The race will be run rain or shine. Be prepared to endure any weather condition.

**Awards:** Awards will be given to the top finishers in each division (up to 6 for women and up to 6 for men). Times will be kept at the finish line.

**Refreshments:** There will be refreshments at the end of the race for participants. If you are a Family Camp guest and are signed up for brunch that morning, the meal will be served in the Main Lodge from 9:00 a.m. to 10:00 a.m.

**Purpose:** We are raising funds to add to our activity and program options for the camp.

**Questions?** If you have any questions, feel free to contact the Hidden Acres office at 515-547-2751 or Ryan Graden at 515-231-2675.